London Book Fair 2020
Subsidiary Rights Guide

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Fiction
The Girl in the Mirror

Rose Carlyle

Written with the electric, jaw-dropping suspense of Before I Go to Sleep and The Girl on the Train, The Girl in the Mirror is an addictive thriller about greed, lust, secrets and deadly lies.

Identical twins only look the same ...

Beautiful twin sisters Iris and Summer are startlingly alike, but beyond what the eye can see lies a darkness that sets them apart. Cynical and insecure, Iris has long been envious of open-hearted Summer’s seemingly never-ending good fortune, including her perfect husband Adam.

Called to Thailand to help sail the family yacht to the Seychelles, Iris nurtures her own secret hopes for what might happen on the journey. But when she unexpectedly finds herself alone in the middle of the Indian Ocean, everything changes.

Now is her chance to take what she’s always wanted – the idyllic life she’s coveted from afar. But just how far will she go to get the life she’s dreamed about? And how far will she go to ensure no one discovers the truth?

Key Notes:

- An edge-of-your-seat debut thriller with identical twins, a crazy inheritance and a boat-full of secrets. Who can you trust? Absolutely nobody!
- Massive overseas interest – the US rights were the subject of a hugely competitive auction
- For everyone who was obsessed with The Girl on the Train, Before I Go to Sleep and Call Me Evie
A gripping novel that deals with the cruellest of domestic tragedies and the eternal question: how do we protect women from violent men when everything in that should protect them fails?

Paula, a much-loved suburban GP, comes home one evening to the house she is sharing with her lifelong friend Stacey and Stacey’s two children. They have moved in after Stacey finally has left her increasingly disturbed ex-husband, Matt. Life has been difficult for Paula as well since the tragic loss of her beloved husband, Remy, to cancer. Things are much happier with Stacey and the kids in the house until Paula opens her front door to discover a scene from hell: Stacey and her children are lying dead in pools of blood with horrendous gunshot wounds. As Paula tries to breathe and take in the unthinkable carnage around her, in walks Matt, who then shoots himself.

Anita, Paula and Stacey’s close friend, the third in the friendship trio since the age of 13, is a journalist covering the criminal courts. She often sees domestic violence and the repeated failings of the system to hold violent men to account. Both she and Paula support each other through the shattering grief that follows.

When an obviously scared woman brings in her jumpy little boy for a consultation some weeks later, Paula’s eyes are drawn to the bruises around her neck. Determined to never see another woman suffer like Stacey did, Paula tries desperately to help, but the woman rejects every offer of assistance. Some weeks later the abusive husband comes in to the surgery. Paula realises she has the chance to set things to rights and give the abused woman the freedom she has dreamed of. But can she go against everything she believes to make sure one woman is safe, one child?

*The Family Doctor* is about women’s fury, traumatic grief, deep friendship, and the preciousness of life. It’s about trying to grab some control over chaos and injustice. A novel of searing emotional truth, told with the relentless pull of a thriller, it will never let you go.

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**THE FAMILY DOCTOR**  
by Debra Oswald

February 2021  
400 pages

**RIGHTS HELD: World**

**RIGHTS SOLD: Available**

Debra Oswald is a two-time winner of the NSW Premier’s Literary Award and the creator and head writer of the first five seasons of the TV series *Offspring*. Her stage plays have been performed around the world and are published by Currency Press. *Gary’s House*, *Sweet Road* and *The Peach Season* were all shortlisted for the NSW Premier’s Literary Award. Debra has also written four plays for young audiences. Her television credits include *Police Rescue*, *Palace of Dreams*, *The Secret Life of Us*, *Sweet and Sour* and *Bananas in Pyjamas*. Debra has also written six children’s novels. Her first adult novel, *Useful*, was published in 2015, and was followed by *The Whole Bright Year* in 2018.
**The Mothers**
Genevieve Gannon

‘Engagingly and unflinchingly told … Like all my favourite books, The Mothers is both heart-breaking and heartwarming, and it leaves you with a lot to think about after you turn the final page. I sobbed my way through this wonderful book.’ – Sally Hepworth, bestselling author of The Mother-in-Law

Two couples. One baby. An unimaginable choice.

Grace and Dan Arden are in their forties and have been on the IVF treadmill since the day they got married. Six attempts have yielded no results and with each failure a little piece of their hope dies.

Priya Laghari and her husband Nick Archer are being treated at the same fertility clinic, and while they don’t face the same time pressure as the Ardens, the younger couple have their own problems.

Priya is booked for her next IVF cycle the same day that Grace goes in for her final, last-chance embryo transfer. Two weeks later, both women get their results.

A year on, angry and heartbroken, one of the women learns her embryo was implanted in the other’s uterus and must make a devastating choice: live a childless life knowing her son is being raised by strangers or seek custody of a baby who has been nurtured and loved by another couple.

What if you gave birth to someone else’s child? A gripping family drama inspired by a real-life case of an IVF laboratory mix-up.

Praise for The Mothers:

‘The Mothers beautifully captures the desperation for a baby and the emotional roller-coaster of IVF … In the style of Jodi Picoult, it’s impossible to choose sides. These characters and their heart-wrenching dilemma will follow you off the page and have you asking what would you do? An intriguing, thought-provoking novel.’ – Petronella McGovern, bestselling author of Six Minutes
With the impact of seminal novels like Hanya Yanigahara’s *A Little Life*, Alice Sebold’s *The Lovely Bones* and Andrew O’Hagan’s *Be Near Me*, *Infinite Splendours* is a stunning achievement from one of our most original, acclaimed and bestselling writers.

Lawrence is a bright, kind and talented ten-year-old boy when he is groomed and raped by his damaged uncle. The act severs Lawrence from himself and the world. He cannot move forward, can no longer participate at home or in the classroom. His most intense and spiritual relationship is with the mountain that looms over his house, Mount Wallis, in the Southern Grampian Mountains of Victoria.

When Lawrence reaches early adulthood, he starts a friendship with the son of one of his workmates and connects with the boy he once was. At the heart of Lawrence’s desires is the longing to be made whole. But after he is savagely beaten by the boy’s father, Lawrence decides to retreat from the world. He goes back to Mount Wallis, and lives as a hermit for the next thirty years.

When a single mother moves into the abandoned farm next door to Lawrence with her teenage daughter and ten-year-old son, his isolation is shattered. Her boy David is often left alone at home, and he and Lawrence begin a friendship. The sense of tension and foreboding is almost unbearable as we witness the boy’s growing interest in Lawrence and the older man’s blossoming at the chance of the tenderness he has been denied his whole life.

**Praise for Sofie Laguna:**

‘Laguna creates a world and a character and a language that we become immersed within. This is humane, passionate, true.’ – Christos Tsiolkas, author of *The Slap and Damascus*
Long-buried family secrets surface in a compelling new novel from the author of *The Teacher’s Secret*.

Moving from wartime Europe to modern day Australia, *The Deceptions* is a powerful story of old transgressions, unexpected revelations and the legacy of lives built on lies and deceit.

Prague, 1943. Taken from her home in Prague, Hana Lederova finds herself imprisoned in the Jewish ghetto of Theresienstadt, where she is forced to endure appalling deprivation and the imminent threat of transportation to the east. When she attracts the attention of the Czech gendarme who becomes her guard, Hana reluctantly accepts his advances, hoping for the protection she so desperately needs.

Sydney, 2010. Manipulated into a liaison with her married boss, Tessa knows she needs to end it, but how? Tessa’s grandmother, Irena, also has something to hide. Harkening back to the Second World War, hers is a carefully kept secret that, if revealed, would send shockwaves well beyond her own fractured family.

Inspired by a true story of wartime betrayal, *The Deceptions* is a searing, compassionate tale of love and duplicity – and family secrets better left buried.

**Praise for The Deceptions:**

‘The Deceptions is a stunning example of the way fiction tells war better than any other form - I could taste its madness, its horror. Saw from the outside, its utter absurdity. For days after reading the novel I found myself wrestling with the price of betrayal, and the value of truth.’ – **Sofie Laguna**, winner of the Miles Franklin Literary Award

‘At what cost can a survivor of hell rebuild a seemingly normal life? *The Deceptions* is a gripping and tragic story for our times.’ – **Leah Kaminsky**, author of *The Hollow Bones*

‘Impossible to put down. Leal is a master storyteller. Mesmerising, heartbreaking, honest – *The Deceptions* is ferociously good.’ – **Nikki Gemmell**, author of *After*

‘Those who grew up in the shadow of the Second World War had Elie Wiesel’s *Night* to define for them the enormity for the Holocaust. Those who were born later can now rely upon Suzanne Leal’s brilliant and confronting novel *The Deceptions* to open their eyes to the true horrors of Nazism.’ – **Alan Gold**, author of *Bloodline*
Finding Eadie
Caroline Beecham

The author of Maggie’s Kitchen and Eleanor’s Secret delivers another compelling story of love and mystery during wartime.

It’s London 1943 and war and dwindling resources are taking their toll on the staff of Partridge Press. The Ministry of Information has published The Battle of Britain, and everyone needs more books – to read in the shelters, at home and for the troops. The pressure is on to create new books to distract readers from the grim realities of the War, but Partridge’s rising star, Alice Cotton, leaves abruptly and Managing Director George Armstrong insists that she needs to be found.

But Alice’s forced absence is to give birth and whilst she protects the identity of her baby’s father, her mother breaks her promise that she will help her raise the child when she sells her granddaughter, Eadie, only a few days after the birth. Unable to turn to the police for help, Alice’s search takes her from the offices of child welfare organisations and newspapers, to dangerous places as she looks for the infamous Baby Farmers who thrive in the conditions that war has created – more unmarried mothers and less justice for them and their children.

When coworkers Ursula and Theo track Alice down and ask her to come back she agrees, realising it will allow her to combine her search for her daughter as she also helps them create desperately needed books. As they battle to meet deadlines, Alice’s search takes her into London’s under-world, Ursula into its infamous gay and lesbian scene, and Theo back to New York’s ‘Book Row’, as their burgeoning love-lives interweave with real stories of how books helped to win the war.

But when Alice is forced to make the difficult decision between choosing to help Partridge and finding her daughter, and the identity of Eadie’s father is finally revealed, she is placed in danger and Theo and Ursula must act quickly if they are to help save her and Eadie.

Praise for Eleanor’s Secret:
‘Her easy-flowing prose and astute structure make the pages fly.’ – Sydney Morning Herald
‘An intriguing read that switches effortlessly between war-torn London in the 1940s to Melbourne in 2010. A meticulously researched novel that shows the enduring power of love, the damage of secrets and how dreams come true.’ – Weekly Times

‘A captivating wartime mystery of past deceits, family confidences and long-lasting love.’ – PS News
Surrounded by secrets, great and small, the formidable Miss Phryne Fisher returns to vanquish injustice.

When a mysterious invitation arrives for the re-doubtable Miss Phryne Fisher from an unknown retired Captain Herbert Spencer, Phryne’s curiosity is excited. Spencer runs a retreat in Victoria’s rural spa country for the many shell-shocked soldiers of the first world war. It’s a cause after Phryne’s own heart but what does Spencer want from her?

Meanwhile, Cec, Bert and Tinker find a young woman floating face down in the harbour near the wharves. Could this be the missing friend of Ruth, Phryne’s adopted daughter? With Detective-Inspector Jack Robinson seconded unwillingly to a special investigation, Mr and Mrs Butler with Detective-Sergeant Hugh Collins are left to shield Phryne’s household from danger as Tinker, Jane and Ruth decide to solve what appears to be a heinous crime.

Unaware of these happenings, Phryne and the faithful Dot view their rural sojourn as a short holiday but are quickly thrown into disturbing Highland gatherings, disappearing women, murder and the mystery of the Temperance Hotel. All test Phryne’s resourcefulness in her search to save lives.

The Phryne Fisher mysteries:
In the murky world of Kings Cross in 1932, aspiring crime writer Joan Linderman and her friend and flatmate Bernice Becker live the wild bohemian life, a carnival of parties and fancy-dress artists’ balls.

One Saturday night, Joan is thrown headfirst into a real crime when she finds Ellie, her neighbour, murdered. To prove her worth as a crime writer and bring Ellie’s killer to justice, Joan secretly investigates the case in the footsteps of Sergeant Lillian Armfield.

But as Joan digs deeper, her list of suspects grows from the luxury apartment blocks of Sydney’s rich to the brothels and nightclubs of the Cross’s underclass.

Death in the Ladies’ Goddess Club is a riveting noir crime thriller with more surprises than even novelist Joan bargained for: blackmail, kidnapping, drug-peddling, a pagan sex cult, undercover cops, and a shocking confession.

From the shadows of bohemian and underworld Kings Cross, who will emerge to tell the real story?

Praise for Julian Leatherdale:

‘This musical lyricist is carving himself a niche with sumptuous historical fiction.’ – The Australian Women’s Weekly
Detective Dave Burrows returns in another suspenseful rural crime novel from bestselling author Fleur McDonald.

Returning to Perth after a near-fatal undercover case in outback Queensland, Dave Burrows, now a Detective Senior Constable in the stock squad, receives an ultimatum from his deeply unhappy wife, Melinda.

Before Dave and Mel’s problems can be resolved, Dave is sent to the far north of Australia on a stock theft investigation. He finds two cattle stations deep in a complex underworld of racial divide, family secrets, long-repeated lies, kidnapping and murder.

Facing one of the biggest challenges of his policing life and the heartbreaking prospect of losing his family, Dave can’t imagine things getting worse. But there’s a hidden danger, intent on revenge, coming right for him.

Praise for Fleur McDonald:

‘Nobody does rural fiction quite like Fleur McDonald.’ – The Weekly Times

The Dave Burrows series:

RED DIRT COUNTRY
by Fleur McDonald

March 2020
392 pages

RIGHTS HELD: World
RIGHTS SOLD: Available

Fleur McDonald has lived and worked on farms for much of her life. After growing up in the small town of Orroroo in South Australia, she became a jillaroo before spending twenty years farming 8000 acres east of Esperance in Western Australia.

Fleur likes to write about strong women overcoming adversity, drawing inspiration from her own experiences in rural Australia. She is the bestselling author of Red Dust, Blue Skies, Purple Roads, Silver Clouds, Crimson Dawn, Emerald Springs, Indigo Storm, Sapphire Falls, The Missing Pieces of Us, Suddenly One Summer, Fool’s Gold, Where the Rivers Run, Without a Doubt, and Starting From Now, as well as the ebook exclusives If You Were Here and A Farmer’s Choice.

Fleur currently lives in Esperance with her two children, an energetic kelpie and a Jack Russell terrier.

2018
15,500 copies sold

2019
14,100 copies sold
An enticing new rural romance from the bestselling author of *The Wrong Callahan* and *Mr Right Now*.

Farmer Georgie Henderson manages a cattle farm in the New England region of NSW, but her dream has always been to buy back her family property, Tamban. For years, her every waking hour has revolved around planning to make this dream become a reality.

When an unlikely meeting with Michael Delacourt at a rowdy B&S Ball sends them on a whirlwind romance, Georgie can’t believe it’s possible for life to be this good. For the first time ever, her dream of buying back Tamban takes a backseat to her happiness.

But her world shatters when she discovers the secret Michael has been trying to keep from her.

Can Michael convince her they still have a future? And after having her heart so thoroughly broken, can Georgie ever trust anyone again?

From the same author – the bestselling Callahans of Stringybark Creek series:
An engaging and compelling story of mystery, family, friendship and forgiveness for fans of Karly Lane and Maya Linnell.

Veronica (Roni), has led a difficult youthful life with no family, trusting only herself, looking after herself, and relying on no one. She’s also just discovered that she’s pregnant to her ‘boyfriend’ who is not interested in being a father.

When Roni’s future seems very uncertain, she receives a bequest from an unknown aunt, Marian Nelson. Roni and her rescue cat, Scritches, leave Sydney behind, bound for the 800-acre property on the edge of the wheat fields of South Australia that was her aunt’s home and is now hers. Just as long as Roni meets a number of conditions set by Marian – the first of which is that Roni view the property.

One by one, the following conditions of Roni’s inheritance are revealed to her in letters from her aunt. And as she finds her feet in the local community, helped by local farmer Matthew Wilkins, this property she originally thought she’d sell in an instant becomes her home.
Fierce, intriguing and thoughtful, *On a Barbarous Coast* is the story of a past and future that might have been.

*We were becoming the wild things we most feared, but could not see it at the time.*

An ill-timed night of raging winds and rain and Captain Cook’s *Endeavour* lies splintered on a coral reef off the coast of far north Australia. A small disparate band of survivors, fracturing already, huddle on the shore of this strange land – their pitiful salvage scant protection from the dangers of the unknown creatures and natives that live here.

Watching these mysterious white beings, the Guugu Yimidhirr people cannot decide if they are ancestor spirits to be welcomed – or hostile spirits to be speared. One headstrong young boy, Garrgiil, determines to do more than watch, and to be the one to find out what exactly they are.

Fierce, intriguing and thoughtful, *On a Barbarous Coast* is the story of a past and future that might have been.

**Key Notes:**

- 2020 marks the 250th year of Cook’s landing at Botany Bay
- A historical reimagining on the scale of *Mrs Cook* by Marele Day and *Into the World* by Stephanie Parkyn
- Fascinating collaborative writing between Indigenous and non-Indigenous writers
Non-Fiction
Rita Therese

Bold, brave and darkly funny, *Come* is the extraordinary story of Melbourne sex worker Rita Therese and the love, sex and death she has experienced in her life so far.

Two selves intertwine and it leaves you, in the dance room, making a decision that winged liner is just for work. Because you don’t know which self you are looking at right now, which person you are. The song stops and you break out of your trance and ask if he’d like to extend...

Rita is an escort, one of the best in Australia. It all began on a whim at 18, after she rang the number on a sign looking for nude models. Always the outsider, she quickly learns the sex industry is comprised of many other people just like her and she becomes immersed in this world: the drugs, the late nights, the glamour, being an outcast, the attention and validation from men. Mostly she thrives on how taboo her life has become. Following significant personal tragedy and trauma, the line between Rita’s sex worker persona Gia and her real self begins to blur in a seemingly endless loop of grief, work, sex, love and heartbreak.

In this achingly honest memoir, Rita learns that death and trauma do not always bring grand transformative experiences. Sometimes, in order to go forward, we have to write our own stories and choose to keep living. Unflinching, compelling and darkly funny, *Come* announces a fearless new talent in Australian writing.

**Praise for Come:**

‘A riveting and unforgettable journey. Rita’s ability to take you from despair to laughter to depravity in seconds makes this book utterly addictive. Her words will stay with you like the memory of your first lust and first loss.’ – Nakkia Lui, actor, writer and comedian
Husna Ahmed was a victim of the Christchurch mosque terrorist attack in March 2019. She was shot while looking for her husband, who was in a wheelchair.

The couple had been praying when a gunman burst into the mosque. He shot and killed 51 people that day and injured many others. In this book Husna’s husband, Farid Ahmed, tells Husna’s story, including the day of the attack.

Farid describes the selflessness and bravery with which Husna lived her life. As well as looking after her daughter and paraplegic husband, Husna was an important member of the community, helping women and running classes for children.

Her last selfless act was going back into the mosque to look for her husband on that fateful day, after she had already led other women and children to safety.

Husna’s husband, quite remarkably, forgives the alleged killer. Farid’s philosophy of forgiveness, peace and love is an example of how faith and humanity can be tools for navigating even the most horrific of tragedies.
Through an Open Door

Miriam Lancewood

From the author of Woman in the Wilderness comes this sequel that’s about a whole different kind of survival.

Through an Open Door is the story of a couple who have lived as nomads for seven years in the wilderness of New Zealand. After the release of Woman in the Wilderness they set off to walk 2000 km through the forests of Europe and along the coastline of Turkey.

They travel for two years until New Zealand finally calls them back after a disastrous and traumatic experience. Once again, their life is about love, survival and self-discovery. But this time it’s a different kind of survival, as one of them fights for their life.

Miriam’s philosophy of not planning much, and going ‘through open doors,’ leads her and her seriously ill partner Peter to the most beautiful – as well as the most hellish – places. Life without security is an incredible adventure of trust and survival, but as a reader you wonder at what cost.
Max
Alex Miller

Alex Miller, two-time winner of the Miles Franklin Literary Award, writes the incredible story of his truest friend, Max Landau.

According to your 1939 Gestapo file you adopted the cover names Landau and Maxim. The name your mother and father gave you was Moses. We knew you as Max. You had worked in secret. From an early age you concealed yourself – like the Grey Box Beetle in the final country of your exile, maturing on its journey out of sight beneath the bark of the tree. Keeping out of sight became second nature to you. In the terrible year 1933 they arrested you in Breslau, the German city where you had grown up. They tortured you. You were a young man then of twenty-six, a German Jewish Socialist intellectual who had dedicated his life to the resistance of totalitarianisms in all their hideous forms. They hunted you. They placed you on their most wanted list. You risked death every day. And when at last the struggle became hopeless, you escaped the hell, and you became one of those refugees who in their final place of exile chose, not death, but silence and obscurity.

Max was a member of the German antifascist resistance and one of the Gestapo’s most wanted, who suffered incredibly in Germany and Poland in the years leading up to WWII. After Max’s death, afflicted with the regret that he never truly knew the deepest parts of his best friend, Miller travels to Europe to search the archives of Max’s life, to walk the streets he walked, and to discover the history of his friend who lived the most unassuming of lives in his adopted country of Australia.

Marked as always by Alex Miller’s incredible capacity for truth and character in his writing, it is a moving meditation on memory itself, on friendship and a reminder to the reader that history belongs to humanity, that the dead still have so much to tell the living. Traversing Europe this is the story of the many who were terrorised and displaced during some of history’s darkest moments, uncovered by the rare gift of Miller’s powers of memory and observation. Inhabiting the Helen Garner and Robert Dessaix territory of creative non-fiction this is a beautiful tribute to a lost friend, told in fragments that encapsulate Max’s life.

Praise for Journey to the Stone Country:

‘Miller’s fiction has a mystifying power that is always far more than the sum of its parts . . . his footsteps – softly, deftly, steadily – take you places you may not have been, and their sound resonates for a long time.’ – The Sydney Morning Herald
For fans of David Sedaris, Jenny Lawson and Caitlin Moran.

Sad Mum Lady is a collection of essays by a woman who loves her kids and hates motherhood. Pregnancy dragged Ashe kicking and screaming into parenthood, and when she arrived it hit her in the face with a brick. Repeatedly. The stories take place during her own excruciating birth as a mother. Her claw marks can be traced from hospital corridors to play centres and a lingerie shop by the sea. This book is motherhood ‘real-talk’ meets bitey anecdotes with a touch of the surreal. It’s for the mum wrestling her screaming toddler out of the cafe, her cheek red from having just been slapped with a tiny sticky hand. It’s for the partners pushing the pram on a Saturday morning, mystified as to why they just received a hissing death threat in response to their suggestion that the baby needed feeding.

During Ashe’s first pregnancy she started a blog called Sad Pregnant Lady. According to the internet, sadness and pregnancy meant postnatal depression. The internet kept telling her she was something that needed to be fixed. The blog was Ashe’s attempt to reclaim sadness as an appropriate human response to pregnancy. Her life as she knew it was about to change forever, her body and mind were no longer her own and the climate crisis was potentially going to engulf her child’s future in flames. It connected with a lot of people. Most of them were mothers who were struggling too. After Ashe became a mother, she found that she was still quite sad, and this book is her exploring and sharing that experience.
A compelling memoir about the single life and the courage to live alone in a world made for couples and families.


*She I Dare Not Name* is a compelling collection of fiercely intelligent, deeply intimate, lyrical reflections on the life of a woman who stands on the threshold between two millennia. Both manifesto and confession, this moving memoir explores the meaning and purpose Donna Ward discovered in a life lived entirely without a partner and children.

The book describes what it is like to live on the edge of a world built in the shape of couples and families. Rippling through these pages is the way a spinster – or a bachelor, or any of us for that matter – contends with the prejudice and stigma of being different.

With courage and astounding honesty Donna uncovers the challenge of living with more solitude than anticipated and what it is like to walk the road through midlife and beyond alone. And she reveals how she found home and discovered herself within it.

Funny, sharp, wise and wry, *She I Dare Not Name* shows how reading saved this spinster’s life, and how friends and writing and walking brought a contentment and sense of achievement she never thought possible.

**Praise for She I Dare Not Name:**

‘The book is perfect, or very close. *She I Dare Not Name* is a rollercoaster ride, like life, that takes us deep into a woman’s experience. It enriched me, leaving me with much to think about. Donna is frank and generous, analytical and honest in a way that makes her story our story...and any human will find themself in there.’ – *Susan Wyndham, writer and former books editor at the Sydney Morning Herald*

‘With a devastatingly clear-eyed honesty, the word Ward dares to name is “spinster”, and this meditative collection of essays spin their own spell, making a deep dive into the world of female solitude in all its guises. She lays it out like a calm tarot reading: feminism, courage, silence, loneliness, grief, recovery and the power of the generative idea, as well as all the labels that come with carving out your own path of self-definition and self-determination.’ – *Cate Kennedy, author of The World Beneath*
Part memoir, part essay, this collection of personal stories by one of New Zealand’s most exciting young voices explores the hybridity of living in-between.

The collection takes its initial influence from One Thousand and One Nights whereby a young heroine Scheherazade must continually tell tales to her murderous husband the King in order to keep her life. Similarly, The Shah of Grey Lynn frames a story within a story and focuses on the various characters the author knows or has met including the title character, the Shah of Grey Lynn, a lonely hermit who wanders the streets of Jervois Road.

The stories range from a childhood in war-torn Iran, including the trauma of a night spent in prison as a four-year-old, to learning English in order to make friends in the suburbs of Auckland. It is about growing up as a young woman torn between her immigrant roots and her desire to be like everyone else. The stories will venture from childhoods spent celebrating ancient Zoroastrian fire jumping traditions at Mission Bay beach, falling for the Jewish boy who played Jesus in a high school musical production, and dealing with a major depressive episode at age 17.

The humour is sometimes offcut with the more sombre reminder of the racism that has always existed – from misguided quips (‘Is Saddam Hussein your dad?’) to more serious stories of harassment including an altercation at a fast food joint on the streets of Glenfield. There are, of course, reflections on the impact of world events such as 9/11 and more recent – mosque attacks, and how they show that more than ever marginalised voices are needed in our cultural discourse.
Coming-of-age and coming out – not the easiest in general, and not any easier with strongly religious parents who don’t know mercy or acceptance.

Lil Cameron accidentally outed herself to her parents at the age of 19 when they overheard her talking about liking girls in a phone call to a friend. Half an hour later she found herself on the street, her parents having effectively disowned her.

What follows is an alternately hugely funny and heartbreaking story of a young Kiwi girl – the deputy head girl from a posh private school in Christchurch – coming to grips with her sexuality and trying to reconcile who she is against the stark disapproval and rejection from her parents. Lil is an ordinary, bright teenager who has the strength of character to shrug off the shame her parents have projected on to her and who, bit by bit, finds her way in an entirely new world.

There are lots of funny moments – including a bouncer trying to give her a heads up: did she know she was entering a gay club, given she looked so conservative; a series of sexual encounters where Lil realises she’s really not into a woman who has flown across the world to be with her and Lil doing her best to avoid sex; Lil spending weeks trying to download The L Word using a shared dial-up computer, etc – and some hugely sad ones: her mother telling her she wouldn’t ever want to meet her dyke girlfriend and their baby if they ever had one; her parents trying to blame her for her mother’s anxiety and depression over being gay; Lil asking to come home to stay in the uni holidays and being told yes, only to realise her family were deliberately going to stay at their holiday house instead to avoid her.
Beautifully written description of both the harsh realities and the joy of farm life, from a writer whose farm has been in the same family for five generations.

Tim Saunders is a farmer who loves to put his unique life on the page. In This Farming Life he describes the life and concerns of a farmer over the course of four seasons: shearing, slaughter, crop harvest and conservation in summer; floods, trading stock, drenching, dogging in autumn; maize harvest and lambing in winter; and docking, pet sheep and weaning in summer.

He shows how his farming life was influenced by the things he experienced on the farm while growing up, and how some of his views have changed. This is powerful and poignant writing that outlines the lifestyle of a profession that is often taken for granted, and it goes some way to explaining why farmers love what they do and how they are also conflicted by what they do.

Key Notes:

- This is farm literature at its best – reminiscent of James Rebanks’ A Shepherd’s Life
- Topical and thoughtful in these days of climate change
An essential guide to the wisdom of the ancient philosophy of the Stoics, completely updated for the current moment. Modern, smart and witty this ideology has so much to teach us about coping with the 21st century and its multitude of crises.

When most people hear the name Marcus Aurelius or think about ancient Rome, they think of the Russell Crowe film Gladiator: a time of wine-fuelled orgies, epic banquet feasts, and emperors battling it out.

But Rome had another side, too – a camp of thinkers who were invested in virtue, moderation and self-discipline. These were the ancient Stoics. These philosophers, who spent their lives working out mindfulness techniques and ways to be happy, might well have been the Western world’s first wellness gurus, and maybe they even held the key to preventative mental health. This book is smart self-help, going deeper than fads and trends that incorporate the wisdom of ancient and continuing cultures.

The beauty of stoicism is it is simple, clear and easily applicable to life – many centuries after it was written. This book will show readers, in clear, succinct prose, with easy exercises, how to apply the stoic principles to modern life for happiness and wellbeing.
We live in a time like no other. In 2018, our average anxiety and stress levels are at those of a psychiatric inpatient in the 1950s. More content is generated every day than we could ever consume in a lifetime. In the last two years alone, more than 90% of the world’s data has been created.

The metaphor of ‘stress’ for mental or emotional strain or tension has shaped thinking about mental health since it was coined in the 1930s. Borrowed from physics, it suggests that people can withstand adverse or demanding circumstances up to a certain point, after which they will break. New studies, however, suggest that the mind is more like a muscle. To grow stronger, it needs to face significant challenges and tackle hard tasks in fruitful ways – and to be allowed to recover afterwards.

There is no denying that we each have a stress response for important reasons. It is a key survival mechanism that has been finely tuned over thousands of years – however, our current way of living often activates at the wrong times. It is triggered over and over again every day, causing both mental and physical damage, to the body and mind it is designed to protect.

In *Your Mind is a Muscle*, Dr Rachel Thomas outlines the neuroscience and physiology of stress. She explains the impacts of stress, and the science behind them, in areas ranging from our genes to our food choices. She also covers evidence-based, small changes that we can all make in different areas of our life, to live a life of less stress and optimum wellbeing.
Overthinking, ruminating, worrying: bestselling author Gwendoline Smith explains this common form of anxiety and offers helpful advice for overcoming it.

The word overthinking is often used these days instead of ‘worrying’. It’s also known as ruminating and it’s a form of anxiety – statistics show that about one in five people suffer from it.

Psychologist and bestselling author Gwendoline Smith (more than 10,000 copies sold of *The Book of Knowing*) uses her broad scientific knowledge and experience to explain in clear and simple language the concepts of positive and negative overthinking, the myths of worry and the What-If Cycle.

She helps you understand what’s going on in your head, using lots of examples and anecdotes, and she offers powerful strategies to help you overcome these issues.

Based on Cognitive Behavioural Theory, this book will help you in all the key areas of relationships, work and money.

Praise for *The Book of Knowing*:

‘This book is gold. It uses such clear, easy-to-read language.’ – *New Zealand Herald*

‘If only I had read this book when I was a teen, I would’ve saved myself years of confusion and torment.’ – Ghazaleh Golbakhsh, *Vaelinessse*

‘Just having a few tools to put in their kete [basket] can lessen a young person’s anxiety; knowing they have something on hand should they need it is reassuring. By carefully selecting a few robust, effective strategies to share, explaining the rationale for using them, and giving clear instructions on their use, Smith makes it more likely readers will give the tools a go. Young people like to know “why”, and Smith makes sure they do, not only with the tools she shares, but as she explains key CBT concepts throughout the book.’ – *Louisa Woods, School Counsellor*
In her new book the best-selling author of Slow reclaims the movement for a simpler and slower life.

In 2017, Brooke McAlary wrote Slow, a companion on the long road to living a simpler and more fulfilled life.

Since then, Brooke has been published in multiple territories around the world, moved to North America, toured the States and Canada for close to three months and increased her already huge podcast listenership. But in the two years since Slow was published, she’s noticed something. The commodification, or as she says, ‘goopification’, of alternative lifestyles has left Brooke and others completely disillusioned:

I want to reclaim slow living for the average among us. I want to show you that you can embrace a slower way of living, starting today, no matter how busy or sceptical you are. I’m going to show you how you can do it, and why it’s important. Because yes, all of these changes will have a positive impact on you individually – helping you to stretch time and find beauty and feel more connected – but the real power is in their ability to make the world a better place. One where we are kinder and more generous, where we have time to connect with our neighbours and to put down our phones and look our friends and family in the eye when we talk. One where we value the natural world we live in so much that we want to protect her anyway we can. One where we can tap in to our innate creativity and curiosity and view the world with wonder once more. Not because any of this will make you look younger or lose weight, but because it will make this broken, hard-edged world a better place.

Brooke highlights seven simple, realistic, accessible things you can do differently that will have a positive impact on your life and the pace at which you live it. You’ll also meet scientists and researchers who have valid evidence to back all of this up and you’ll meet people who’ve made these changes in their own lives and found peace and kindness and joy from within circumstances way more challenging than anything the author ever experienced.
Sleep. It’s essential but often overlooked – two-thirds of adults in developed nations fail to get the nightly eight hours of sleep recommended by the World Health Organisation. Technology also plays an increasingly important part in the disruption of our sleep, thanks to our obsession with Netflix and our phones.

The importance of getting enough sleep is now recognised as being as important as diet and exercise in decreasing our risk of illness and disease. This book explores why people struggle to get a good night’s sleep and how to fix it, including showing how to do an audit of what’s going on with your sleep; how to keep a sleep diary; and how to make changes to your lifestyle to improve your sleep.

Bernice Tuffery suffered from chronic insomnia for a decade after having trouble sleeping when pregnant and after having a baby. She tried everything – from melatonin to supplements, yoga and meditation and sleeping pills. Nothing worked for any length of time. Being a qualitative market researcher, she was determined to research her way out of her sleepless state, and find a natural, long-term effective solution.

GENRE: Health, wellbeing and self-help
It was winter. Lauren Keenan was separated from her husband, lonely, and miserable. Then came the Night of Doom: asking 27 people to hang out one Friday night, and every single person saying no. Her attempts to console herself by going to the movies and eating ice-cream were thwarted by dropping her ice-cream on the toilet floor while fumbling with her phone for text messages that weren’t there. Lauren realised that this version of life wasn’t working and that she needed to re-write her script, so it contained more funny dialogue and less wallowing in a figurative cesspit of despair. It was time to try something new. 52 new things in fact. 52 new things in 52 weeks.

Some of the things Lauren tried: entering a public dance competition, getting fake lashes, starting a Wine and Netflix club, going zip-lining; giving up drinking for six months; going to a music festival on her own, and feeding a lion.

52 New Things in 52 Weeks is structured thematically. Each chapter looks at a wider societal issue and is informed by both Lauren’s extensive research into social psychology and her observations about pop culture. The themes of each chapter are as follows: a woman’s complicated relationship with her looks, how technology has changed how we communicate, love, giving up alcohol, motherhood, the modern epidemic that is loneliness, what it means to be a ‘classy’ lady, depression and other mental health issues, and the uncomfortable relationship people have with their hopes and dreams.

Her year of new experiences was a game changer. It repaired her relationship with her husband, she regained confidence in herself, and she realised how satisfying it can be to push herself to her limits and to do things alone. She also learned that true happiness is more likely to be found in the everyday fabric of life. New and exciting things have their place, but it’s treasuring the mundane moments in between that matter the most.
In this breakthrough book you’ll discover your Money Story and your Money Type – and just as importantly you’ll learn the habits, triggers and tricks that are right for you and your financial wellbeing.

When it comes to saving and spending money, we’re not all the same. Yet for too long, the financial advice world has treated us as if we are.

Once you realise that the one size fits all approach so many of us have been adopting when it comes to money doesn’t work for many of us, it can be liberating. Finally, there’s a reason why you’ve struggled with money – why you’re perpetually sabotaging, why you’re constantly at logger-heads with your partner or why you just can’t seem to be consistent.

When it comes to other areas of our life such as food and exercise we’ve embraced a multi-faceted, often highly personalised approach and we recognise that’s important. Why do we think it’s any different when it comes to our finances?

That’s why understanding your Money Story and discovering Your Money Type is the key to financial success.
MISSION FOCUS
A Special Forces commander’s hard fought lessons forged through combat and adversity
by Bram Connolly

August 2020
Extent: tba

RIGHTS HELD: World

RIGHTS SOLD: Available

Bram Connolly turned to writing after a 20-year career within the Australian Army, retiring from the Special Forces as a Major in 2011. He was awarded the Distinguished Service Medal for Leadership in Combat in Afghanistan 2010. He has also served in Somalia and Timor, and was a founding member of the Tactical Assault Group. He has a highly successful weekly podcast and is a popular corporate speaker.

GENRE: Personal development and memoir

Powerful, personal and hard-fought life lessons from a Special Forces commander.

To be a good leader you first have to be a good follower, but to be a great leader you have to remember that being a good follower wasn’t easy.

Imagine having access to the planning, training and motivational secrets of Australia’s most elite military operators; then imagine being able to adapt what they know to your own everyday life. This is what Bram Connolly gives us in this surprising and clear-headed manual for personal leadership, resilience and success.

Through the tedium of training as a raw recruit and in the pitch of battle during the war in Afghanistan, Bram Connolly reminds us among other things that it’s okay to be bored, that laziness can quickly become an habit, that there are advantages in being scared and that it is okay to let go. Autobiographical, honest, and self-deprecating, Mission Focus offers 26 powerful lessons that can be used in all aspects of life.
Can learning music help our children learn to read and write? Can playing in an orchestra develop social skills? What is the effect of music on the developing brain?

In this major new book Dr Anita Collins, a neuromusical educator and consultant on the hit ABC TV series Don’t Stop the Music, demonstrates how learning music can bring about huge benefits for children. She explains the ground-breaking research that shows how playing an instrument can improve language abilities, social skills, concentration, impulse control, emotional development, working memory and planning and strategy skills. Throughout the book she provides real-life case studies together with practical strategies to show the difference music learning can make to the life of every child.
When having it all becomes doing it all: a guide to mastering the mental load.

Is your life as busy AF (and not in a good way)? Are you losing control? Can’t see your way through the overwhelm? Or mental load? Stop right now. You can restore order, rebuild your confidence, renew your wellness...

There’s never been a better time to be a woman – we can have it all! That’s what feminism promised, didn’t it?

As we juggle the roles of partner, boss, friend, mother and employee (plus a side hustle), balance has never been more crucial. We’re obsessed with everything wellness, yet women’s mental health and wellbeing are in decline. We’re drowning in feminist guilt while trying to keep everything afloat, plagued by perfectionism, riddled with doubt, ruled by screens and hurtling towards burnout.

When Felicity Harley, founding editor of *Women’s Health* magazine and *whimn.com.au*, felt really out of kilter, she started talking to other women about their overwhelm. The floodgates opened. Turns out her girlfriends, colleagues and other mums at the school gate had been quietly worrying about the personal cost of modern life and why their wellness wasn’t working too.

Out of those conversations comes this rallying cry for every woman who craves balance but is shouldering the mental load, too tired and crazy-busy to see solutions.

Using research and insights from leading Australian experts in health, sociology and feminism – alongside wisdom from smart women like Turia Pitt and Tanya Plibersek – plus her own experiences, Felicity calls out the crap in cult wellness. In her warm and inspiring way, she shows how you can cut through the B.S. to find clarity in the chaos, offload some of your mental load, and feel truly empowered in the middle of your wonderfully messy life.
A unique and insightful story that will inspire readers to quiet their critical voices and take the panic out of modern living.

It’s my hope that by the end of this book I will have convinced you that a combination of mindfulness, self-compassion and compassion is all you need to get on your own side – and to help others get on theirs. And when we can all do that, we’ll glide through life’s challenges.

Glide is the story of what happened when serial-achiever Lisa Forrest (Olympian, TV and radio broadcaster, author, actor, wife, mother) took time out to answer a question that had been weighing her down for years: Why, no matter what she achieved, was she never enough for herself?

Lisa discovered that the get-tough lessons from her years in elite sport were the source of her problem – in fact, they are the source of much of the illness, burnout and mental health challenges we all face today. More surprising is the antidote: self-compassion. Could it be the super-power we’ve all been looking for?

Drawing on the wisdom of the women who ran Lisa’s first swimming club through to contemplative neuroscience, Glide offers remarkably honest and calm insights into navigating the perils of modern living from a woman who has experienced it all.

Praise for Glide:

‘A love song to self-compassion: here’s a book for anyone who needs to silence the harsh voice inside their own head.’ — Richard Glover, bestselling author of Flesh Wounds

‘In a cluttered, busy, stressful world Glide is a window to finding the space that exists within us – where the clutter falls away, where the negativity transforms, where the chaos is calmed.’ — Tracey Holmes, sports presenter, journalist, TV and radio broadcaster
What happens when your life is rocked by unimaginable loss and grief? How do you survive and how do you keep going?

Julie Zarifeh shares her tragic story of the double whammy of her 27-year-old son Sam dying in a whitewater rafting accident just 16 days after her 50-year-old husband, Paul, died of pancreatic cancer. The loss of her beloved husband and son threw Julie and her surviving son and daughter into the depths of grief.

She describes how they dealt with this huge impact and how she has been embracing the notion of ‘active grieving’, practising what she preaches in her job as a Consultant Clinical Psychologist. So far this has included a 450km bike ride around Sri Lanka, raising money to supply disadvantaged New Zealand children with new bikes; trekking the 900km Camino de Santiago across Northern Spain – which was made into a documentary (www.camino-skies.com) – and running the New York City Marathon on behalf of the Mental Health Foundation.

This is an inspirational and ultimately uplifting account of learning to live with grief, with Julie’s experience as a Clinical Psychologist an additional plus.

Grief on the Run
Julie Zarifeh

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The Wine O’Clock Myth
Lotta Dann

The Wine O’Clock Myth takes an in-depth look at the drinking habits of women. It’s written through the lens of Lotta Dann’s own story and her work in the field of recovery and addiction today. It contains evidence-based research gleaned from primary sources, and numerous interviews with experts in many fields.

As well as examining the normalising of alcohol, The Wine O’Clock Myth explores the glorification that goes on with regards to this drug. It discusses when and how the alcohol industry began specifically targeting women, unpicking the tactics they employ to target female customers. It looks at the rise of the now-ubiquitous ‘Wine Mum’ culture on social media and the role the alcohol industry and media companies play in perpetuating this.

It also investigates the impact that regular, heavy drinking has on women, both physically and emotionally. It looks at the emotional impacts – the numbing, dulling and disconnection that can occur – and the physical impacts: the problems alcohol can cause in the body and the increased risk of diseases.

But while the book offers a big-picture analysis, it also provides an intimate view of the issue by featuring the voices of women sharing their personal stories, revealing the pervasive and negative impact alcohol can have on a woman’s life. These personal reflections contain tales of emotional disconnection, diminished power, confused thinking and damaged relationships. There are also uplifting stories of the remarkable transformations that can occur when alcohol is removed.
Man Raises Boy
Rob Sturrock

A book from the front lines of modern fatherhood.

Welcome to Rob Sturrock’s journey into parenting. Since the birth of his daughter, Rob has been passionate about being an active and present father, but this hasn’t always been straightforward. Struggling with stereotypes, judgment, identity and isolation while on parental leave, Rob has tried to balance supporting his wife and young children with the societal expectation of being a breadwinner for his family.

With the arrival of his son, a new set of anxieties was born. In today’s climate, how do you raise a boy? The roar of the #MeToo movement has meant that men have had to learn to listen, and to confront their masculinity and what it means to be a man. Through extensive research and interviews with dads doing it differently – including Tony Sheldon, Adam Liaw and Bernie Shakeshaft – Rob Sturrock explores a new era of fathering that balances strength and vulnerability, allowing men to voice their insecurities and uncertainties, and encouraging them to truly cherish their families.

Man Raises Boy is at once an insightful and necessary call to arms for all new fathers, a guiding hand in the maze of love, guilt, anxiety and joy in fatherhood – and an ordinary dad’s beautifully moving love letter to his son.

Praise for Man Raises Boy:

‘Raw, inspiring and brutally honest. If you have a son, read this book.’ – Madonna King, bestselling author of Fathers and Daughters
Andrew Darby follows the extraordinary migratory shorebirds from Australia’s southern ocean to the Arctic and back. On these travels he explores the power of science to reveal the mysteries of these birds, and to heal both their endangered world – and unexpectedly – himself.

As the sun lowered and turned Gulf St Vincent fiery, they each called a high-pitched ‘peooowii!’, flashed their black wing-pits, spread their tail skirts and took flight.

Andrew Darby follows the odysseys of two Grey Plovers, little-known migratory shorebirds, as they take previously uncharted ultra-marathon flights from the southern coast of Australia to Arctic breeding grounds. On these extraordinary flights they chance predators, typhoon weather and exhaustion before they can breed, and maybe return to familiar southern feeding grounds. But the greatest threat to these, and other long-distance migrants on the flyway, is China’s dragon economy, engulfing their vital Yellow Sea staging spots.

The author meets the dedicated people working to save these intrepid birds, from Russia to Alaska, and the rim of the Arctic Sea to the coasts of the Southern Ocean. Out of their hard-won science he finds hope for the birds – a bright light for our times.

But his journey to understand this work and these birds almost ends when he is suddenly diagnosed with an incurable cancer. Then he finds science coming to his rescue too.

Praise for Flight Lines:


‘A tender account of the trials, tribulations and triumphs of Australia’s shorebirds in their extraordinary pursuit of eternal spring, and the scientists who fight to preserve their flyways.’ – Penny Olsen, author of Night Parrot

‘A magnificent and personal account of the world we share with migratory shorebirds’ – Heather Rose, author of the award-winning novel Museum of Modern Love and Bruni
Six Capitals
Jane Gleeson-White

An accessible, timely and fascinating account of the revolution going on in the world of finance from the acclaimed author of Double Entry – now fully revised and updated.

This is the story of a 21st-century revolution being led by the most unlikely of rebels: accountants.

It is only the second revolution in accounting since double-entry bookkeeping emerged in medieval Italy – and it is of seismic proportions, driven by the 2008 financial crash and the environmental crisis. The changes it will wreak are profound and far-reaching. They will transform not only the way the world does business but alter the very nature of corporate capitalism.

The accounts of nations and corporations are vital to the global economy. They translate value into the language of modern times – numbers and money – in the shape of GDP and profit figures. They rule the world. But increasingly the world is coming to realise that the seemingly endless growth that capital offers us is in fact limited by the earth’s resources and comes at a huge price to the planet and our own wellbeing. It simply cannot be sustained.

This revolution demands that we start accounting for nature and society. It urges us to rethink our idea of capital, insisting that the familiar categories of industrial and financial capital bequeathed by the mercantile and industrial ages be broadened to include four new categories of wealth: intellectual, human, social and natural. Incorporating them into our financial statements and GDP figures could be the only way to address the many crises we face today.

Just two years ago this revolution seemed idealistic and unlikely. Today it is unfolding at speed. 2012 was the sea-change year, in which two key initiatives took root: an international movement to transform corporate accounting, and the rise of natural capital accounting for nations and the global economy. Six Capitals tells the story of their rise to prominence, which signals a new age in capitalism, and evaluates their promise – and their threat.

Praise for Six Capitals:

‘A fascinating read. Gleeson-White artfully captivates the reader as she explores the fast evolving language, metrics, actors and laws that are profoundly reshaping “capital” in the 21st century.’ – Kate Raworth, author of Doughnut Economics

SIX CAPITALS
Capitalism, climate change, and the accounting revolution that can save the planet
by Jane Gleeson-White

April 2020
272 pages

RIGHTS HELD: World

RIGHTS SOLD: Available

Jane Gleeson-White is the author of Double Entry: How the merchants of Venice shaped the modern world – and how their invention could make or break the planet (2011), which won the 2012 Waverly Library Award for Literature and was shortlisted for the 2013 NSW Premier’s Literary Awards, The Age Book of the Year Award and the Queensland Literary Awards. She is also the author of Australian Classics (2007) and Classics (2005). Jane is a PhD student in creative writing at the University of New South Wales and has degrees in economics and literature from the University of Sydney. She was also an intern at the Peggy Guggenheim Collection in Venice.

GENRE: Economics
A climate crisis that shocked the world exposed without fear or favour.

As the climate crisis threatens more extreme bushfire seasons, droughts and floods, many Australians are demanding their leaders explain, ‘Why didn’t you do something?’ This book answers that question.

The Carbon Club is the story of how influential climate science sceptics, politicians and business leaders sought to control Australia’s response to the climate crisis. They shared a fear that dealing with climate change would undermine the nation’s wealth, jobs and competitive advantage – and the power of the carbon club.

Central to their strategy was an international campaign to undermine climate science and the urgency of climate crisis. The more the climate science was questioned, the more politicians lost the imperative to act. The sustained success of the carbon club over two decades explains why Australian governments failed to deal with the challenge of climate change. But at what cost to us and the next generation?

One of Australia’s most respected investigative journalists, Marian Wilkinson has tracked the rise and rise of the Australia’s carbon club in brilliant detail with extraordinary access to key players on all sides. The result is a book that is both essential and disturbing reading.

Key Notes:

- Marian has had incredible access to all the major players – from ex-prime ministers to CEOs and business leaders
- This is the inside story of the political and PR forces behind international climate scepticism
- This is probably the most topical subject in Australia today
- Major national news extract on release as well as national television and radio interview campaign
Dangerous Skies unpacks the issues that should concern us every time we step onto an aircraft.

The year 2017 was something of a watershed for the world air transport industry – the safest year on record, with over 4 billion passengers carried without one airline fatality worldwide. Given the number of airline aircraft in the air at any one time this is a remarkable achievement, and there is little doubt that developments in flight cockpit automation must largely be credited with making possible an extremely safe and efficient system.

Unfortunately, 2018 didn’t follow suit and the average dropped. And in 2019 the Lion Air and Ethiopian Airline crashes put safety well and truly back on the agenda again.

The major airline manufacturers Boeing and Airbus are looking at industry airline fleets that will require more than 40,000 aircraft introduced into service over the next two to three decades. And if that figure is not staggering enough, industry estimates suggest 790,000 pilots will be required to fly them. Resting there near the very top of that world aircraft and pilot demand is Asia, of particular relevance to the thousands of Australians who board the myriad of airlines that serve the Asian market, many of which didn’t exist a decade ago.

This raises the question: how do you maintain safety in a vital transport industry which is already showing signs of a safety breaking point? As one leading airline training captain has said: ‘With so many hastily trained and low competence airline pilots flying around, should we really rely on them to understand the technology and react properly?’

Jim Eames has been thinking about this for some time. With the airline industry running through his veins, he knows what to ask and who to ask, and the answers he’s been getting aren’t necessarily all that reassuring.
The story of an Australian socialite who fascinated the world, from the author of the bestselling *Sheila*.

As Enid Lindeman gallivanted through life she accumulated four husbands, numerous lovers, and during the inter-war years her high-jinks dominated the gossip columns. Evelyn Waugh satirized her set in *Vile Bodies*, but the workings of his menacing imagination paled in comparison to the real thing.

Born in Australia in 1892, she was the great granddaughter of Henry Lindeman, founder of Lindeman Wines. A privileged childhood inspired Enid to look for a life of glamour and excitement. She achieved this at the age of 21 when she married Roderick Cameron, an American shipping magnate 24 years her senior. Establishing herself as a New York socialite, she would literally stop traffic when she emerged from the Cameron building in Manhattan. But the celebrated marriage was short-lived. Cameron died from cancer, leaving his young wife a fortune of several million dollars.

Her next husband was Brigadier General Frederick Cavendish. After the war, he was given command of the 9th Lancers in Egypt. Enid caused a sensation amongst her husband’s comrades in Cairo and, as a dare, she reportedly slept with his entire regiment.

When Caviar died in Paris, she met and married Marmaduke ‘Duke’ Furness, the 1st Viscount Furness, whose second wife, Thelma, was a lover of the Prince of Wales. Enid held court at Furness’ villa, La Fiorentina, in the south of France. A sensation wherever she went, it was said that people stood on chairs in the lobby of the Hotel de Paris in Monte Carlo just to catch sight of her as she passed through.

Furness died from cirrhosis of the liver in 1940. After his death, his former wife, Thelma, contested his will, claiming that her son should inherit his estate. The law sided with Thelma. Down on her luck, Enid married Valentine Browne, the Earl of Kenmare. As the confidant and travelling companion of the press magnate Lord Beaverbrook, Valentine had lived an excessive life of debauchery, but he died of a heart attack less than a year after they were married. Having buried four husbands, Somerset Maugham dubbed Enid ‘Lady Killmore’.

In her later years Enid, having outlived her lovers, was revered as a society hostess amongst film stars, with La Fiorentina becoming a hub for Hollywood royalty. She died in 1973 at the age of eighty-one.
Pop star, hit songwriter, producer, mentor and icon – George Young was one of the most important figures in Australian popular music history.

From his early days with the Easybeats, through his collaboration with partner Harry Vanda as Flash and the Pan and as producers/songwriters for hire with John Paul Young, the Angels, Rose Tattoo, Cheetah, Ted Mulry, Stevie Wright and, most crucially, AC/DC, Young co-wrote, co-performed and co-produced such classics as ‘Friday on my Mind’.

Young wasn’t so much on the charts for the best part of three decades: he and Vanda were the charts. In 2001, APRA voted ‘Friday on my Mind’ as the ‘best and most significant Australian song of the past 75 years.’ In 2004, a cover of 1974’s ‘Evie’ by Aussie ‘supergroup’ the Wrights hit the number one chart position, a rare occurrence of the same song topping the charts twice.

George’s story is an immigrant story. George was one of eight Young siblings who relocated from rough and tumble Glasgow to very working-class Sydney in 1963. He met Vanda, the son of Dutch migrants, at the Villawood Migrant Hostel in 1964, a fortuitous moment that Australian Musician magazine rated as ‘the most important event in Australian pop and rock music history.’ Young, in particular, never shunned his roots, even when he and Vanda became perhaps the most successful studio team on the planet. ‘Never forget you’re working class,’ he’d advise his younger siblings, Malcolm and Angus, as their star rose incredibly high with AC/DC. ‘Stay Glasgow.’

In this long overdue examination of the life and work of George Young, the first book to focus exclusively on him, writer Jeff Apter explores his three key relationships: Young’s long and fruitful association with Vanda; his rare ability to maintain a stable a married life with his wife Sandra; and the handshake deal with Ted Albert that helped create a music empire. The book also reveals such little-known facts as the accident that almost killed off ‘Down Among the Dead Men’ before its release, and the full story about Vanda’s wife’s suicide, on the eve of the Easybeats’ departure for the UK, which cast a large shadow over the pair throughout their working life.
A lively and easy to read guide to Southeast Asian history written by one of the world’s pre-eminent historians of the area.

The first edition of *Southeast Asia: An introductory history* was published in 1979 and immediately filled a need for travellers and students interested in a tantalisingly different part of the world. Subsequent editions (translated into Japanese, Khmer, Korean and Thai) have continued to document with great perception the enormous changes and dramatic growth experienced in the region.

Dr Milton Osborne has been a resident, student and fascinated observer of Southeast Asia for over 50 years. This familiarity has resulted in a highly readable and lively chronicle. While giving due regard to the early history of the region, Osborne concentrates on the changes that have taken place since the eighteenth century: the impact of colonial rule, economic transformations of the 19th and 20th centuries, the emergence and triumph of the independence movements, the impact of social change and the pivotal roles played by religion, ethnic minorities and immigrant groups. He also provides an introduction to the art of the region and a comprehensive guide to literature about Southeast Asia.

Clearly written and extensively illustrated this 13th edition of *Southeast Asia* remains a classic in the field.

**Praise for Southeast Asia:**

‘While deepening our understanding of Southeast Asia, this fine introduction reminds us of the importance of history itself.’ – Anthony Milner, Basham Professor of Asian History, Australian National University

‘Still one of the best short introductory histories of the region.’ – Eric Tagliacozzo, Cornell University
An extraordinary first-person story of a boy from the Queensland bush who survived the dangers of Bomber Command to become Qantas’ last navigator.

The choking, chest-tightening feeling of being trapped in a burning Lanc, enduring the uncertainty, you count down the requisite sixty seconds for the tanks to blow. Your skip, rated an exceptional heavy bomber pilot, has thrown off the fighters with yet another brilliant corkscrew manoeuvre. You stifle the flames and navigate a safe course to get your badly wounded bomber home.

Gordon Goodwin was a decorated airman and an inspired leader. During World War II, he served in probably the most dangerous occupation of all, with the Pathfinders leading bombing raids into Germany. He survived 23 Pathfinder missions, including nine over Berlin, and 65 missions over enemy territory with Bomber Command (of the 10,000 Australians flying with Bomber Command, 3500 died in the air). But to survive his childhood was perhaps a greater achievement. Raised in cruel and loveless circumstances near Brisbane during the Depression, it is remarkable that he achieved what he did, going on to become Qantas’ chief navigator.

This is the first-hand account of Gordon’s brave, crazy and dangerous war experiences as told to his son Paul. As Paul says, ‘My father told me that to survive you had to surrender all hope’. This was the extraordinary formula followed by the men of Bomber Command to get through, the chances of remaining alive and unhurt. You had to blot out all possibilities of demise and disaster and focus only on the mission at hand.
This is the incredible life story of John Cook, one of Australia’s longest-serving lighthouse keepers, of a sort like they don’t exist anymore.

In Tasmania, John is known as ‘the Keeper of the Flame’. He’s renowned as one of the last of the kerosene keepers: he spent a good part of his 26-year career in Tasmanian lighthouses tending kerosene, not electrical, lamps. John joined the lighthouse service in 1969, after a spell in the merchant marine. Through to the mid-90s he looked after Tasmania’s well-known ‘Lights’ on Tasman Island, Bruny Island, Eddystone Point and Maatsuyker Island.

Keepers took watches around the clock, in a system similar to that on a ship. Day watches weren’t a chance to slack off: standing orders required the watchkeeper to look seawards at least every half-hour and to log sightings of any vessels, and their course, in the area.

It was a harsh life. But John didn’t mind it. Far from reviling work on isolated islands such as Maatsuyker, Australia’s southernmost lighthouse, he discovered that he loved the solitude and delighted in the sense of purpose that light keeping gave him.
Harry Moffitt spent more than 20 years in the SAS (Special Air Service), finally leaving the regiment earlier last year. His two decades of service and his multiple tours in East Timor, Iraq and Afghanistan made him one of the SAS’s most experienced and respected figures.

Apart from the SAS, Harry’s other lifetime love is cricket. He began a tradition of organising teams and matches wherever he was sent, whether it was in the mountains of East Timor with a fugitive resistance leader, or on the dusty streets of Baghdad, or in the remote villages of Afghanistan. Fellow soldiers, locals and even visiting politicians played in these strange, yet often bridge-building games. And Harry also took a cricket bat with him on operational tours, eleven of them in total across his career. They’d travel with him, often go into combat with him, and end up signed by those he met or fought alongside.

His book will use these eleven bats, as well as the cricket games they played in, as the narrative structure and entry point into his two decades of service in the SAS. Combat, adrenaline, and visceral nature of war will come through strongly, but so will a different narrative thread – a larrikin streak of love for a sport that’s so strong it couldn’t be stopped by war zones, IEDs or the threat of ISIS.
Your Baby’s Gut Health
Dr Vincent Ho

An accessible, practical guide to preventing and managing children’s allergies and improving their immune systems, from leading gastroenterologist Dr Vincent Ho.

A must-read for every parent and parent-to-be.

Almost one in five children suffer from allergies, and this number is rising year on year. From eczema, asthma and hay fever to reactions to dairy, nuts, gluten and seafood, childhood allergies are a constant source anxiety for parents and can have devastating consequences.

With international research exploding in the field of gut health, the medical community have pinpointed the first 1000 days of a baby’s life as a crucial stage in the development of a healthy gut. From conception to birth; breastfeeding to the introduction of solid foods, there are a number of simple steps pregnant women can take to prevent allergies and support their child’s immune system. Detailing common symptoms and management strategies for a broad range of allergies in young children, plus exploring the relevance of supplements and environment, this important book provides practical, sensible strategies for parents to safeguard their child’s health.

Leading gastroenterologist Dr Vincent Ho has combined the latest medical discoveries with his own research into infant gut health, cutting through the scientific jargon to show just how influential the gut is for babies and infants – and for the adults they will become.
Sophie Steevens’ hugely popular Instagram page depicts her plant-based lifestyle with her gorgeous family.

Her stunning cookbook is jam-packed with over 100 delicious, vibrant, plant-based recipes that she has devised, and that her whole family enjoys eating.

She also shares her story of overcoming a major health challenge, Graves’ Disease, a serious autoimmune disease which affects the thyroid. She turned to a plant-based diet to try and reverse the disease and to heal holistically. Five years later, she has fully recovered, beating all odds. And not only has she recovered, but she is thriving and swears by the plant-based way of living, with her husband and children having fully embraced it as well.

These easy, family-friendly recipes are grouped into Smoothies and Juices, Breakfast and Brunch, Hearty Salads, Hot Pots and Warming Mains, Snacks and Dips, Raw Treats, and Basics, including dressings and sauces.

**Key Notes:**

- There’s great information to help readers get started with plant-based eating, including material such as top tips, kitchen essentials, ingredient staples and an acid/alkaline food chart
- Beautifully photographed at amazing locations, this book is a delight to read and will inspire anyone with its clever recipes and helpful advice
Wendyl’s story of living the simple life in the country: gardening, foraging, fishing and the freedom she has found in ageing. Beautifully illustrated and including 100 new and delicious recipes.

*A Natural Year* follows writer Wendyl Nissen’s life in the peaceful New Zealand countryside over one year.

It’s the story of what happens in her garden, her kitchen and her life over twelve months, and the thoughts inspired by each passing season.

She writes about the freedom that she has found in ageing and the joy that comes along with it. She addresses her depression, anxiety and the mental wellbeing she’s gained from her back-to-basics lifestyle and the practical things she does to live in a sustainable, natural way.

With photographs taken at her home in Northland, Wendyl shares 100 new recipes, including how to make yeast from grapes, yoghurt using chilli stalks and many others she has discovered.

In a world which can be full of stress and confusion, *A Natural Year* is a guide to a simpler, less complicated life.
Mums Who Clean will give advice to readers on how to keep their entire home clean with a focus on fast yet deep cleaning. Using the vast knowledge from more than 100,000 mothers, Mums Who Clean will bring it all together in an easy to read format.

The book will compile cleaning tips by room and provide tips on how best to clean specific items and surfaces within that room as well as how to clean specific spills and trouble areas. Readers will be offered options where possible, as there is never just one way which will suit every home.

Key Notes:

- The Mums Who Facebook groups have built a community of real women. The most popular groups are Mums Who Clean with 142,000 members, Mums Who Organise with 137,000 members and Mums Who Budget & Save with 128,000 members
- Marie Kondo and Mrs Hinch in the UK have led a new wave of interest in cleaning and organising
After the huge worldwide success of her first book *Magnolia Kitchen* (more than 15,000 copies sold), Bernadette Gee brings us a spectacular new book, focusing on the design elements of her incredible cakes. Her fans have requested more amazing images of her stunning creations and more how-to instructions, and she has delivered.

*Magnolia Kitchen Design* includes several cake design projects, each one being described in detail with a written brief from the customer, initial design sketches, mood board of design ideas, step-by-step work in progress as the cake is constructed, the final cake, and then the final cake in situ at the wedding, party or event.

There are also step-by-step guides for design techniques such as stencilling, lace work, using fresh florals, stacking a three-tier cake for travel, and hand painting.

With great new recipes for cakes, icings and fillings, this book is the complete package to inspire bakers at every level. It’s another beautiful creation from Bets and will be loved by her fans, old and new.
Recent Highlights

An extraordinary true story of a love that emerged, against all odds, between two young people from opposite sides of the globe as they fought for freedom during World War II.

In the heart of Nazi-occupied Europe, two people meet fleetingly in a chance encounter. One is an underground resistance fighter; the other a prisoner of war. A crumpled note passes between these two strangers and sets them on a course that will change their lives forever.

The Note Through the Wire is the true story of Josefine Lobnik, a Yugoslav partisan heroine, and Bruce Murray, a New Zealand soldier, who, due to a succession of near-impossible coincidences, discover love in the midst of a brutal war.

Woven through this tale of great bravery, daring escapes, betrayal, torture and retaliation is the remarkable story of a love that survived against all odds. This is an extraordinary account of two ordinary people living through the unimaginable hardship of Hitler’s barbaric regime.

Praise for The Note Through the Wire:

‘An unforgettable love story set in perilous circumstances. It is a reminder that even in the most horrific times love will find a way and ultimately conquer. I can’t recommend it enough.’ – Heather Morris, author of The Tattooist of Auschwitz

‘Sensational – an absolute page-turner, full of love but also the grim realities of what war was like for those on the ground.’ – Emma Clifton, The Australian Women’s Weekly

‘Gripping and, ultimately, uplifting…The Note Through the Wire is an extraordinary tale of survival against unbelievable odds and of the power of love to transcend obstacles, difficulties and boundaries.’ – Steve Walker, Sunday Star Times
488 Rules for Life is Kitty Flanagan’s way of making the world a more pleasant place to live. Providing you with the antidote to every annoying little thing, these rules are not made to be broken.

488 Rules for Life is not a self-help book, because it’s not you who needs help, it’s other people. Whether they’re walking and texting, asphyxiating you on public transport with their noxious perfume cloud, or leaving one useless square of toilet paper on the roll, a lot of people just don’t know the rules.

But thanks to Kitty Flanagan’s comprehensive guide to modern behaviour, our world will soon be a much better place. A place where people don’t ruin the fruit salad by putting banana in it … where your co-workers respect your olfactory system and don’t reheat their fish curry in the office microwave … where middle aged men don’t have ponytails …

What started as a joke on Kitty Flanagan’s popular segment on ABC TV’s The Weekly, is now a quintessential reference book with the power to change society. (Or, at least, make it a bit less irritating.)

What people are (Kitty Flanagan is) saying about this book:

‘You’re welcome everyone.’

‘Thank god for me.’

‘I’d rather be sad and lonely, but right.’

‘There’s not actually 488 rules in here but it sure feels like it.’

Key Notes:

- Kitty has a loyal and engaged fan base, with over 110,000 likes on Facebook
- *Bridge Burning and Other Hobbies*, her previous book, sold over 28,000 copies in print and ebook
- The original ‘Rules’ segment on *The Weekly* has been viewed over two million times
Bruny
Heather Rose

MORE THAN 26,000 COPIES SOLD

The brilliant and explosive new novel from the author of the award-winning The Museum of Modern Love.

Why is a massive bridge being built to connect the sleepy island of Bruny with the mainland of Tasmania? And why have terrorists blown it up?

When the Bruny bridge is bombed, UN trouble-shooter Astrid Coleman agrees to return home to help her brother before an upcoming election. But this is no simple task. Her brother and sister are on either side of politics, the community is full of conspiracy theories, her mother is fading and her father is quoting Shakespeare. Only on Bruny does the world seem sane. Until Astrid discovers how far the government is willing to go.

Bruny is a searing, subversive novel about family, love, loyalty and the new world order. It is a gripping thriller with a jaw-dropping twist, a love story, a cry from the heart and a fiercely entertaining and crucial work of imagination that asks the burning question: what would you do to protect the place you love?

Praise for Bruny:

‘Bruny is a fantastic political thriller. I no longer work in a bookstore, but if I did I’d tell people this is the perfect summer read. Page-turner, explosions, intrigue, affairs and betrayal, and a touch of romance. It’s like an intelligent blockbuster.’ – Bri Lee, author of the award-winning Eggshell Skull and Beauty

‘Book of the now, if not the great modern Tasmanian novel. Incandescent with despair-filled rage and ferocious with caring. I wept while reading, over and over, at the painful truths and at our idiot carelessness … seamless and enormously entertaining story telling for readers of all stripes.’ – Catherine Schultz, bookseller

‘… imbued with great empathy, sincerity and humour.’ – Good Reading

Heather Rose is the Australian author of eight novels. Her seventh novel The Museum of Modern Love won the 2017 Stella Prize. It also won the 2017 Christina Stead Prize and the 2017 Margaret Scott Prize. It has been published internationally and translated into numerous languages. Both The Museum of Modern Love and The Butterfly Man were longlisted for the International Dublin Literary Award. The Butterfly Man won the Davitt Award in 2006, and in 2007 The River Wife won the international Varuna Eleanor Dark Fellowship. Heather writes with Danielle Wood under the pen name Angelica Banks and their Tuesday McGillycuddy children’s series has twice been shortlisted for the Aurealis Awards for best children’s fantasy. Angelica Banks is also published internationally. Heather lives by the sea in Tasmania.
A timely and powerful look at how our culture treats the pain and suffering of women.

Women are in pain, all through their bodies; they’re in pain with their periods, and while having sex; they have pelvic pain, migraine, headaches, joint aches, painful bladders, irritable bowels, sore lower backs, muscle pain, vulval pain, vaginal pain, jaw pain, muscle aches. And many are so, so tired ... But women’s pain is all too often dismissed, their illnesses misdiagnosed or ignored. In medicine, man is the default human being. Any deviation is atypical, abnormal, deficient.

Fourteen years after being diagnosed with endometriosis, Gabrielle Jackson couldn’t believe how little had changed in the treatment and knowledge of the disease. In 2015, her personal story kick-started a worldwide investigation into the disease by The Guardian; thousands of women got in touch to tell their own stories and many more read and shared the material. What began as one issue led Jackson to explore how women – historically and through to the present day – are under-served by the systems that should keep them happy, healthy and informed about their bodies.

Pain and Prejudice is a vital testament to how social taboos and medical ignorance keep women sick and in anguish. The stark reality is that women’s pain is not taken as seriously as men’s. Women are more likely to be disbelieved and denied treatment than men, even though women are far more likely to be suffering from chronic pain.

In a potent blend of personal memoir and polemic, Jackson confronts the private concerns and questions women face regarding their health and medical treatment. Pain and Prejudice, finally, explains how we got here, and where we need to go next.

Praise for Pain and Prejudice:

‘A major contribution to feminist writing of the 21st century’ – Caroline de Costa, Professor of Obstetrics and Gynaecology, James Cook University

‘Gabrielle Jackson deploys facts to tear away the destructive myths that surround women’s health’ – Lenore Taylor, Editor, The Guardian Australia

‘This book could not be more timely or important.’ – Katharine Viner, Editor, The Guardian
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